

The Ontario Chapter of the Neufeld Institute and
RH McGregor Elementary School
are pleased to present:



GORDON NEUFELD, Ph.D.

***THE YOUTH MENTAL HEALTH
CRISIS: INSIGHTS AND SOLUTIONS
TO HELP CHILDREN FLOURISH***

DATE: Saturday, November 25, 2023

TIME: 2 pm to 4 pm

**LOCATION: RH McGregor Elementary School,
555 Mortimer Ave., Toronto, M4J 2G9**

FEE: \$35

***** EARLY BIRD SPECIAL! \$30 until Friday, November 17, 2023 *****

TO REGISTER: <https://tinyurl.com/Neufeld-Toronto>



The alarming rise in anxiety, depression, despair, and attention problems, begs for an explanation. The prevailing premise blames the social isolation experienced during the pandemic. When the dots are joined however, another picture emerges that reveals the attachment roots of mental health. This current mental health crisis provides us with a unique opportunity to understand the underlying dynamics, giving us a guide to better take care of our children, our students and ourselves.

About the speaker: Dr. Neufeld is a Vancouver-based developmental psychologist who has over 50 years of experience as a therapist. He has developed over 35 courses for professionals, specialists and parents who are responsible for children and has a wide-spread reputation for making sense of children and youth to those who are raising and educating them. His book, "Hold on to Your Kids", co-authored by Gabor Maté, has been translated into 31 languages. For more information about Dr. Neufeld visit www.neufeldinstitute.org

"Here's your chance to hear Dr. Neufeld in person!"

Nina Bregman, MSW, RSW, TDSB School Social Worker

For information about this event please contact: Eva de Gosztanyi edegosztanyi@gmail.com

Childcare will be provided, if needed.