

► STEP 1 – CONTACT INFO

Name		
Position	School / Organization	
Address		
City	Province	Postal Code
Work Phone [     ]	Work Fax [     ]	
Email		

► STEP 2 – SELECT ATTENDING DATE(S) | Please check off attending dates.

I WILL BE ATTENDING:	<input type="checkbox"/> DAY 1 - Nov 21	<input type="checkbox"/> DAY 2 - Nov 22	<input type="checkbox"/> DAY 3 - Nov 23
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► STEP 3 – SELECT APPLICABLE FEE | Fees do not include tax (5% GST).

👤 INDIVIDUAL	1 DAY	2 DAYS	3 DAYS
Super Early-Bird Fee	NA	NA	<input type="checkbox"/> \$579
Early-Bird Fee	<input type="checkbox"/> \$229	<input type="checkbox"/> \$409	<input type="checkbox"/> \$599
Regular Fee	<input type="checkbox"/> \$249	<input type="checkbox"/> \$429	<input type="checkbox"/> \$619

👥 GROUPS (3 DAYS)	3-7	8-14	15+	👤 STUDENT (3 DAYS)
Early-Bird Fee	<input type="checkbox"/> \$579	<input type="checkbox"/> \$559	<input type="checkbox"/> \$539	Early-Bird Fee <input type="checkbox"/> \$539
Regular Fee	<input type="checkbox"/> \$599	<input type="checkbox"/> \$579	<input type="checkbox"/> \$559	Regular Fee <input type="checkbox"/> \$559

**Super Early Bird Cutoff Date: June 15, 2018** - Registration and payment must be received by this date.

**Early Bird Cutoff Date: November 7, 2018** - Registration and payment must be received by this date.

**Group Rate:** Online registration only and individuals must attend all 3 days to be eligible for group discounts.

**Full-Time Student Rate:** Please contact [registration@jackhirose.com](mailto:registration@jackhirose.com) for more information on our full-time student rates. Registrants must provide proof of full-time enrolment at a minimum of three courses (e.g., transcript or confirmation letter of enrolment)

**Please Note:** Multi-day registrations can NOT be shared. All registration fees are per person. Different individuals cannot be sent on different days under one registration fee. Name badges will be checked at the door.

► STEP 4 – PAYMENT

<input type="checkbox"/> Visa	Credit Card #	Expiry	/
<input type="checkbox"/> MasterCard	Cardholder Name		
<input type="checkbox"/> Cheque	Signature	Cheque #	

4 WAYS TO REGISTER



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[registration.jackhirose.com](http://registration.jackhirose.com)



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PHONE or FAX  
See numbers below right



MAIL  
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4 WAYS TO SAVE

\$10  
OFF

ONLINE PROMO CODE  
Enter: NEUFELD10

\$50  
OFF

SUPER EARLY BIRD  
Deadline: June 15, 2018

\$20  
OFF

EARLY BIRD  
Deadline: Nov 7, 2018

UP TO  
\$60  
OFF

GROUP (online only)  
See Step 3 for Savings

HOTEL & ACCOMMODATIONS

**1. Delta Hotels by Marriott Winnipeg**  
350 St Mary Avenue  
- Standard Room: \$159+tax

**2. Radisson Hotel Winnipeg Downtown**  
288 Portage Avenue  
- Standard Room: \$149+tax

HOW TO BOOK:  
When booking hotel rooms, ask for the Jack Hirose and Associates corporate rate. To receive our corporate rate, rooms must be booked one month prior to the workshop date. Please keep in mind hotel rates may fluctuate. Please note, room reservations are subject to availability.

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Please note, a **\$10** manual registration fee will apply for groups not registering online. Full time students (3+ classes per semester) must provide proof of enrolment. Please contact: [registration@jackhirose.com](mailto:registration@jackhirose.com) for more info.

SUPER EARLY BIRD & EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, coffee, muffins and refreshment breaks. Lunches are not included.

CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

TERMS & CONDITIONS

**Our liability is limited to refunds for conference fees only.** Jack Hirose & Associates Inc. reserves the right to cancel a event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

**CANCELLATION POLICY:** All cancellations must be submitted by email to [registration@jackhirose.com](mailto:registration@jackhirose.com). Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances. **Refunds** will be available **minus a \$40 administration fee** for cancellations made 14 days or more prior to the event. For cancellations less than 14 days prior to the event, **credit minus a \$40 administration fee** will be available. **No refund or credit under any circumstances will be available for cancellations less than one full business day prior to the event.** *Exceptions to this will not be granted.* If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please contact our office 14 days prior to the event, so we can provide the participant with an accurate name badge, certificate and to minimize confusion at check in. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

**CERTIFICATES:** **Provided for pre-registered attendees only.** Those who register at the door, or want additional copies can download their certificate, free of charge, at [certificates.jackhirose.com](http://certificates.jackhirose.com). Certificates are intended for continuing education credit purposes. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

**RECEIPTS:** Sent by email once you're registration has been processed. Please be aware spam filters can block email receipts. Participants who register at the door will be emailed their receipt once the payment has been processed (please allow up to two weeks for processing). Additional copies can downloaded from [certificates.jackhirose.com](http://certificates.jackhirose.com).

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NEUFELD  
INSTITUTE

WHEN

November 21–23, 2018

3 Days

Wednesday – Friday | 8:30AM – 4:00PM

WHERE

Winnipeg, Manitoba

RBC Convention Centre  
375 York Avenue




CO-SPONSORED BY  
JACK HIROSE & ASSOCIATES

FOR MORE INFORMATION AND REGISTRATION: [JACKHIROSE.COM](http://JACKHIROSE.COM) | 1.800.456.5424

A NEUFELD INSTITUTE  
CONFERENCE

RESILIENCE,  
RECOVERY &  
RELATIONSHIP

Towards Flourishing  
Children & Youth




Gordon Neufeld  
PH.D.



Martin Brokenleg  
PH.D.



Maria LeRose  
M.ED.



Geneviève  
Brabant  
MSW, RSW




Darlene  
Denis-Friske  
MA(CP), RP,




Patti  
Drobot  
B.SC, OT, RPC




Colleen  
Drobot  
B.ED., M.A., R.P.C.



Eva de  
Gosztonyi  
M.A.



Deborah  
MacNamara  
PH.D.



Tamara  
Strijack  
M.A.

WHO SHOULD ATTEND

Education and Clinical Professionals: K–12 Classroom Teachers, School Counsellors/ Psychologists, Learning Assistance/ Resource Teachers, School Administrators, School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers. All other professionals who support students including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers, Police Officers, and Early Childhood Educators.

Parents, Caregiver, Foster Parents, Grandparents, and Extended Family raising a child.



## CONFERENCE DESCRIPTION



A Neufeld Institute Conference co-sponsored by Jack Hirose and Associates

Human resilience is remarkable. It is the ultimate good news story – that stress in itself is not the enemy and that we need not be brought down by the circumstances in our lives. After years of mistaken focus on the stress part of the equation, the focus is now on uncovering the keys that can unlock the amazing human potential to grow through adversity, to thrive under duress, and to bounce back from trauma.

Resilience is probably the most important topic of our time. It holds the answers to emotional health and well-being, to mental illness, to healing and recovery, to prevention, to addiction, and much more. Resilience is not only the best overall prevention but also the best focus for intervention. Resilience should be everyone's concern, not only the medical and helping professionals, but also educators, parents, and society at large. Resilience is about ourselves and those we are responsible for.

This conference is a fundraiser for the Neufeld Institute and the offspring of a collaborative effort between Jack Hirose of Jack Hirose and Associates and Dr. Gordon Neufeld of the Neufeld Institute – a worldwide charitable organization delivering developmental science to those responsible for our children. Most of the speakers have generously donated their time and forfeited their usual speaker fees to support this fundraiser. The Neufeld Institute is deeply grateful for all who have extended themselves in this way.

Although participants may choose to enroll in one day, two days or three days, the conference itself will be continuous in nature, building on the model and theoretical foundations that Dr. Neufeld will present on Day One, Two and Three in the mornings. Seven of the senior Neufeld Institute Faculty will flesh out this model of resilience with special applications in mind. Dr. Martin Brokenleg and will add his wealth of experience and perspectives on this subject. On Day Three, the two doctors will be in Maria LeRose's most capable hands as she facilitates some dialogue and discussion between them. It is rare for 'experts' to have the opportunity to interact with each other, never mind in the context of a live audience of informed participants.

## ABOUT JACK HIROSE & ASSOCIATES



Since 1998, Jack Hirose and Associates has provided quality training to more than 65,000 mental health and education professionals in Canada. Our mission is to offer effective and stimulating training opportunities that respond to the ever changing needs of general education teachers K-12, school administrators, special education teachers, instructional/educational assistants, school counselors, behavior specialists, curriculum specialists, speech-language specialists, autism specialists, school psychologists, social workers, occupational therapists, nurses, early childhood educators, addiction counselors, and all other mental health professionals.

[WWW.JACKHIROSE.COM](http://WWW.JACKHIROSE.COM)

## A MESSAGE FROM DR. NEUFELD

Dear Colleagues and Friends,

On behalf of the Neufeld Institute, it is my great pleasure to welcome you to Winnipeg for this three-day conference, ***“Resilience, Recovery and Relationship: towards flourishing children & youth”***. I am so pleased to be partnering with Jack Hirose and Associates to bring you the second Neufeld Institute conference of this scale outside of the Vancouver area.

I am delighted that Martin Brokenleg has accepted my invitation to share the keynote responsibilities with me. I am also delighted that Maria LeRose has consented to moderate a panel, giving Martin and I the opportunity to interact with each other around this important and timely topic. Maria is my favourite interviewer of all time, and we are fortunate to have someone of her media experience and stature to help draw us out on this topic. I am also excited to have seven of our seasoned Neufeld Institute Faculty lead the way to flesh out this topic in specific arenas of interest. This should be a unique opportunity for participants to unravel the mysteries of this complex and multi-layered dynamic.

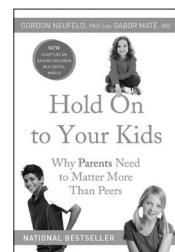
Resilience is an incredible construct – an overarching metaphor that touches on the arenas of stress, neural plasticity, emotional health, recovery, healing, mental illness, adaptation, defendedness, and therapy. It is relevant to everyone in most every role and regardless of age: teachers, therapists, youth workers, parents, support workers, etc. Fresh understandings are coming to the fore as we glean more working knowledge of the brain as well as the nature of emotion. The implications for working with children are profound, never mind the implications for dealing with stress in our own lives and in the lives of our loved ones.

I hope this conference will help to truly make sense of this challenging subject, and in so doing, open doors for change at a level where lasting differences can be made. We all want more resilience, for ourselves and those in our care. The challenge is in finding the key.

Yours sincerely,

Gordon Neufeld, Ph.D.

*Clinical & Developmental Psychologist  
Vancouver, Canada*



Best Selling Author:  
**Hold On to Your Kids**



## DISTINGUISHED FACULTY



**Gordon Neufeld, PH.D.**

is a Vancouver-based developmental psychologist with over 40 years of experience with children and youth and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a best-selling author (Hold On to Your Kids) and a leading interpreter of the developmental paradigm. Dr. Neufeld has a widespread reputation for making sense of complex problems and for opening doors for change. While formerly involved in university teaching and private practice, he now devotes his time to teaching and training others, including educators and helping professionals. His Neufeld Institute is now a world-wide charitable organization devoted to applying developmental science to the task of raising children.

[WWW.NEUFELDINSTITUTE.ORG](http://WWW.NEUFELDINSTITUTE.ORG)



**Maria LeRose, M.ED.**

is an award-winning television producer, and a producer of Educational Videos. She holds a Masters in Education with a concentration on social and emotional learning and development. Early in her career Maria worked in a variety of Social Service jobs including Youth Worker and Mental Health Worker. She was also Coordinator of the first Child Abuse Prevention program in British Columbia. For 14 years Maria has been an Adjunct Professor in the Faculty of Medicine at UBC. She is a Communications and Education consultant with a variety of organizations including the Dalai Lama Center for Peace and Education.

[WWW.MARIALEROSE.COM](http://WWW.MARIALEROSE.COM)



**Darlene Denis-Friske, MA(CP), RP, (CERT)OACCPP, CYW**

is a child and youth counsellor, psychotherapist, and parent consultant within the Neufeld attachment-based developmental approach. She has worked in a variety of rewarding settings since 1988 including psychiatric hospital (crisis / intervention), school based work, community practice, and private practice. Darlene is currently a Registered Psychotherapist on staff with a busy Family Health Team in Pembroke, Ontario, and a faculty member with the Neufeld Institute.

[NEUFELDINSTITUTE.ORG/PERSON/DARLENE-DENIS-FRISKE](http://NEUFELDINSTITUTE.ORG/PERSON/DARLENE-DENIS-FRISKE)



**Colleen Drobot, B.ED., DIP.OF SPECIAL EDUCATION, M.A., R.P.C.**

is a registered professional counsellor and parent consultant with a private practice in West Vancouver. She works with individuals, families, adolescents, and school districts. She is also an educator with over 20 years' experience working with children in regular classrooms and in special-needs settings. She is an adjunct faculty member of the Neufeld Institute and has worked with Dr. Neufeld's approach for many years. Colleen is a mother of two teens and draws from her personal as well as professional experience to support parents and professionals in gaining insight, opening their hearts, and leading by their intuition.

[WWW.NEUFELDINSTITUTE.ORG/PERSON/COLLEEN-DROBOT](http://WWW.NEUFELDINSTITUTE.ORG/PERSON/COLLEEN-DROBOT)



**Deborah MacNamara, PH.D.**

is a Vancouver-based clinical counsellor and educator with more than 25 years' experience working with children, youth, and adults. She is on faculty at the Neufeld Institute, operates a counselling practice, and speaks regularly about child and adolescent development to parents, child care providers, educators, and mental health professionals. She is also the author of Rest, Play, Grow: Making Sense of Preschooler (Or Anyone Who Acts Like One) which provides a 360-degree developmental walk around the young child. She continues to write, do radio and television interviews, and speak to the needs of children and youth from a developmental science-based approach.

[WWW.NEUFELDINSTITUTE.ORG/PERSON/DEBORAH-MACNAMARA](http://WWW.NEUFELDINSTITUTE.ORG/PERSON/DEBORAH-MACNAMARA)



**Martin Brokenleg, PH.D.**

is co-author of the book Reclaiming Youth at Risk: Our Hope for the Future and co-developer of the Circle of Courage model and provides training worldwide for individuals who work with youth at risk. He holds a doctorate in psychology and is a graduate of the Anglican Divinity School. He is a retired professor and was most recently Director of Native Ministries and Professor of First Nations Theology at the Vancouver School of Theology. For thirty years, Dr. Brokenleg was Professor of Native American studies at Augustana University of Sioux Falls, South Dakota. He has also been a director of The Neighborhood Youth Corps, chaplain in a correctional setting, and has extensive experience as an alcohol counselor.

[WWW.MARTINBROKENLEG.COM](http://WWW.MARTINBROKENLEG.COM)



**Geneviève Brabant, MSW, RSW**

is a faculty member at the Neufeld Institute and a clinical social worker (MSW, RSW) with over 15 years' experience working as a child and family mental health practitioner (therapist) in the Ottawa area. In 2010 she launched her private practice, Le Repère Counselling Services, with her partner and associate Mathieu Lyons, where she offers parent consultation and play-based therapeutic services to children and youth. Geneviève gives talks and presentations across Ontario on different course topics such as Preschoolers, Teachability Factor, The Art and Science of Transplanting Children, and The Science of Emotion.

[WWW.NEUFELDINSTITUTE.ORG/PERSON/GENEVIEVE-BRABANT](http://WWW.NEUFELDINSTITUTE.ORG/PERSON/GENEVIEVE-BRABANT)



**Patti Drobot, B.S.C., OT, RPC**

is a registered professional counsellor, parent consultant, and presenter with an educational background in rehabilitation medicine. Her past experience is in psychiatric occupational therapy where she has worked in both hospital and community settings for 20 years. A faculty member of the Neufeld Institute, she currently works as a counsellor in Vancouver. Patti's greatest professional passion is working with Dr. Neufeld. Her greatest personal passion is being the mother of her two children.

[WWW.NEUFELDINSTITUTE.ORG/PERSON/PATTI-DROBOT](http://WWW.NEUFELDINSTITUTE.ORG/PERSON/PATTI-DROBOT)



**Eva de Gosztonyi, M.A.**

is a psychologist who has worked for over 40 years in schools across Canada. She is a member of the Faculty of the Neufeld Institute and also works with the ten English School Boards of Quebec, helping them to understand how best to interact with children with significant behavioural challenges. Eva believes that educators can foster the natural processes of development in their interactions and attachments with students in the classroom and in the school. In her presentations, Eva weaves together theory and practice, learning and behaviour, to help those who work with children.

[NEUFELDINSTITUTE.ORG/PERSON/EVA-DE-GOSZTONYI](http://NEUFELDINSTITUTE.ORG/PERSON/EVA-DE-GOSZTONYI)




**Tamara Strijack, M.A.**

is a Registered Clinical Counsellor working on Vancouver Island and a faculty member of the Neufeld Institute. She has worked with children and adolescents in various roles over the last twenty years – as mentor, counsellor, youth leader, program director, group facilitator – and is herself a mother of two wonderful teenage girls. She also works as a parent and teacher consultant, helping adults make sense of the children in their care. Connection, relationship, and attachment continue to be central themes in all of her roles, both personally and professionally.

[WWW.NEUFELDINSTITUTE.ORG/PERSON/TAMARA-STRIJACK](http://WWW.NEUFELDINSTITUTE.ORG/PERSON/TAMARA-STRIJACK)



1<sup>ST</sup> KEYNOTE | 9:00 AM – 10:15 AM




### The Real Roots of Empathy/Strengthening Heart Knowledge

**Gordon Neufeld, PH.D. & Martin Brokenleg, PH.D.**

Is empathy a skill to be taught or is it a fruit of healthy development? Can we reward caring and compassionate behaviour and still preserve its essence? Is trying to make children nice to each other the best way to keep them safe? Is consideration an innate human potential, and if so, how is it to be cultivated? These questions are timely as so many schools are contemplating on how best to bring a consciousness of emotional and relational needs into the curriculum. Dr. Neufeld and Dr. Brokenleg will share their perspectives on how we can best help our children become fully human and humane.

2<sup>ND</sup> KEYNOTE | 10:45 AM – 12:00 PM




### Panel with Gordon Neufeld & Martin Brokenleg

**Maria LeRose, M.ED.**

This is a rare chance to see the engaging Maria LeRose do what she does best – get to the heart of the matter in her interviews with her subjects. She will also facilitate discussion and dialogue between the participants and the keynote speakers, as well between the two speakers themselves, all in the quest of shedding more light on the secrets of resilience.


CONCURRENT SESSIONS | 1:15 PM – 2:30 PM

**A1**

#### Culture and Helping

**Martin Brokenleg, PH.D.**


Human service providers know clients inside and out... or do they? Cross-cultural skills are crucial for youth workers, and yet there is a mystery to culture. Learn what research says about helping professions and hear what suggestions might support your work with diverse populations.

**A2**

#### Resilience & Discipline

**Geneviève Brabant, MSW, RSW**

As parents and adults responsible for children’s well being, we are often tempted to correct their behaviour, teach them a lesson, or ignore their plea for attention. On the other hand, developmental science informs us that resilience is not inherited and cannot be learned; it must be developed. Geneviève will discuss special considerations when using discipline to impose order on a child’s mind, including ways to help children grow up and adapt to the many circumstances they are up against.


**A3**

#### The Road to Resilience:

An Everyday Path Towards Softening Defenses in a Child

**Darlene Denis-Friske, MA(CP), RP**

In this workshop, we will explore everyday ways of being with children that seek to gently soften defenses. Whether one is hoping to maintain or even, to restore a child’s soft heart, this workshop will strive to inspire participants in cultivating simple yet profoundly meaningful moments and interactions.


**A4**

#### Practical Applications in Schools: Safe Eruption Rooms & More

**Eva de Gosztonyi, M.A.**

When students arrive in our schools with deep emotional needs, we are often at a loss of how to help them, especially with limited time and resources. Working with schools in Quebec and Alberta we have successfully implemented safe spaces where these children can express their emotions and come to their tears. Safe Eruption Rooms and Nurturing Support Centres can make a big difference in the lives of students.

CONCURRENT SESSIONS | 2:50 PM – 4:00 PM


**B1**

#### School, Stress, & Resilience:

How Teachers & School Culture Can Make a Difference

**Gordon Neufeld, PH.D.**

There is no doubt that school is a significant source of stress for many students. The most significant causes of stress however have to do with the attachment problems faced by many students, at least in part because of how we do school in today’s society. Reducing these sources of stress would significantly contribute to the emotional health and well-being of our students. In addition, by cultivating a school culture that fosters right relationships and soft hearts, we would be creating the conditions to thrive and to flourish. Dr. Neufeld will share his thoughts on how best to do this from within our educational systems.


**B2**

#### Resilience:

Special Challenges with Divorce, Adoption, and Fostering

**Geneviève Brabant, MSW, RSW**


All children possess the potential to adapt and “bounce back” from emotionally challenging circumstances. However, the transplanted child in the context of foster care, adoption, or divorce has the most to adapt to, and the least capacity to do so. Geneviève will discuss some of the impediments to the development of resilience in transplanted children, as well as the keys to overcome these impediments and help children develop to their full potential.

**B3**

#### Resilience in Motion – A Journey of Stories & Pictures

**Darlene Denis-Friske, MA(CP), RP**

There are many ways to absorb deep understanding of lessons, theories, and concepts beyond the structured word. Oral tradition, narrative, and expressive mediums are all able to weave an understanding ‘deeper than words’, leaving us with a feeling of coming home to something we already know. Join Darlene as she shares a presentation of stories and experiences that highlight key factors in the process of ‘resilience in motion’.

**B4**

#### Resilience & the Brain



























**Eva de Gosztonyi, M.A.**


Sometimes finding out what is going on inside our brain and our body helps us to better understand and accept our somewhat messy psychological processes. This session will introduce participants to the neuroscience of adaptation. How does the brain move us from mad to sad? What role do bio-chemicals play in whether we become defended or truly resilient? Then we will look at how we can create the space in our interactions with our children so that we can help them to become more deeply resilient.



“So inspired and so overwhelmed. Leaving with so many mixed feelings! Thank you to the team for your vision and courage.”

- Leah Christian, 2017 Conference Attendee

AGENDA	DAY 1 Wednesday, November 21	DAY 2 Thursday, November 22	DAY 3 Friday, November 23
1 <sup>ST</sup> KEYNOTE 9:00 AM – 10:15 AM	 <b>Gordon Neufeld, PH.D.</b> Keys to Resilience: Emotionally, Developmentally & Relationally  <i><b>This plenary address will provide the theoretical foundations for the 3-day conference, laying the groundwork for all that follows.</b></i>	 <b>Gordon Neufeld, PH.D.</b> Play & Resilience: Why We ALL Need to Play	 <b>Gordon Neufeld, PH.D. &amp; Martin Brokenleg, PH.D.</b> The Real Roots of Empathy/ Strengthening Heart Knowledge
10:15 AM – 10:45 AM	Mid-Morning Break		
2 <sup>ND</sup> KEYNOTE 10:45 AM – 12:00 PM	 <b>Gordon Neufeld, PH.D.</b> Keys to Resilience: Emotionally, Developmentally & Relationally	 <b>Martin Brokenleg, PH.D.</b> The Circle of Courage	 <b>Maria LeRose, M.ED.</b> Panel with Gordon Neufeld & Martin Brokenleg
12:00 NOON – 1:15 PM	Lunch Break		
AFTERNOON CONCURRENT SESSION 1:15 PM – 2:30 PM  <i>Please Choose One Workshop to Attend</i>	<div><b>A1</b><b>Gordon Neufeld, PH.D.</b> Q&amp;A with Gordon Neufeld <i>Hosted by Maria LeRose, M.ED.</i></div> <div><b>A2</b><b>Patti Drobot, B.SC., OT, RPC</b> Aggression, Suicide, Adaptation, &amp; Resilience</div> <div><b>A3</b><b>Deborah MacNamara, PH.D.</b> Alpha Problems, Bullying &amp; Resilience</div> <div><b>A4</b><b>Colleen Drobot, B.ED., M.A., R.P.C.</b> Cultivating Resilience in a School Setting</div>	<div><b>A1</b><b>Martin Brokenleg, PH.D.</b> Reaching Deeper: Touching a Student’s Inner World</div> <div><b>A2</b><b>Gordon Neufeld, PH.D.</b> Hypersensitivity &amp; Resilience: Special Challenges with the Autistic and the Gifted</div>	<div><b>A1</b><b>Martin Brokenleg, PH.D.</b> Culture and Helping</div> <div><b>A2</b><b>Geneviève Brabant, MSW, RSW</b> Resilience &amp; Discipline</div> <div><b>A3</b><b>Darlene Denis-Friske, MA(CP), RP</b> The Road to Resilience: An Everyday Path Towards Softening Defenses in a Child</div> <div><b>A4</b><b>Eva de Gosztonyi, M.A.</b> Practical Applications in Schools: Safe Eruption Rooms &amp; More</div>
2:30 PM – 2:50 PM	Mid-Afternoon Break		
AFTERNOON CONCURRENT SESSION 2:50 PM – 4:00 PM	<div><b>B1</b><b>Tamara Strijack, M.A.</b> Special Challenges with Adolescents</div> <div><b>B2</b><b>Deborah MacNamara, PH.D.</b> Tempers &amp; Tantrums in Preschoolers</div> <div><b>B3</b><b>Patti Drobot, B.SC., OT, RPC</b> Supporting the Anxious Child</div> <div><b>B4</b><b>Colleen Drobot, B.ED., M.A., R.P.C.</b> Resilience &amp; the Oppositional Child</div>	<div><b>B1</b><b>Martin Brokenleg, PH.D.</b> Discussions with Martin on Strength-Based Resilience <i>Hosted by Maria LeRose, M.ED.</i></div> <div><b>B2</b><b>Gordon Neufeld, PH.D.</b> Discussion with Gordon and Neufeld Faculty on the Journey of Tears</div>	<div><b>B1</b><b>Gordon Neufeld, PH.D.</b> School, Stress, &amp; Resilience: How Teachers &amp; School Culture Can Make a Difference</div> <div><b>B2</b><b>Geneviève Brabant, MSW, RSW</b> Resilience: Special Challenges with Divorce, Adoption and Fostering</div> <div><b>B3</b><b>Darlene Denis-Friske, MA(CP), RP</b> Resilience in Motion – A Journey of Stories &amp; Pictures</div> <div><b>B4</b><b>Eva de Gosztonyi, M.A.</b> Resilience &amp; the Brain</div>

**Keys to Resilience: Emotionally, Developmentally & Relationally**  
**Gordon Neufeld, PH.D.**

The human capacity for resilience is remarkable. It is also somewhat mysterious. Although resilience is spontaneous, it is not inevitable. Everyone possesses the potential for resilience but only some come to realize it. It cannot be commanded and is not a skill to be learned. Resilience is not genetic and there is no pill that can deliver it. Resilience therefore lies outside the parameters of both of the prevailing approaches for explaining human behaviour – the medical disease model as well as the learning paradigm.


So where does resilience come from and how are we to make sense of it? In this anchoring keynote of the conference, Dr. Neufeld will put the puzzle pieces together to reveal the three pivotal keys to this elusive human attribute as well as the two natural contexts in which these keys are more likely to be found. Once found, these keys can be used to unlock an emotional process that is the very essence of resilience and the bounce-back phenomenon. This model of resilience has profound implications for school, home and treatment.


This keynote will provide the theoretical foundations for the 3-day conference, laying the groundwork for all that follows.


**Q&A with Dr. Gordon Neufeld (Hosted by Maria LeRose)**  
This session provides an opportunity for participants to interact with Dr. Neufeld around the material presented in his morning keynote.


**Aggression, Suicide, Adaptation & Resilience**  
**Patti Drobot, B.SC., OT, RPC**  
None of us knows what may happen in the future. Emotional readiness for adversity is just as important as physical readiness for a natural disaster. If there were any single tell-tale sign that the capacity for resilience is lacking in a child – or adult for that matter – it would be the existence or eruptions of attacking energy. Residual attacking energy is most often experienced as foul moods, irritability, and impatience. Eruptions of attacking energy can take many forms, including even suicidal thoughts and impulses. Patti will clarify the relationship between aggression, adaptation, and resilience.


**Alpha Problems, Bullying and Resilience**  
**Deborah MacNamara, PH.D.**  
A growing number of children are presenting as demanding, prescriptive, bossy, and controlling. A disturbing number of these alpha children are turning into bullies, as well. Alpha children tend to have difficulties letting themselves be parented or taught. These children also lack resilience in the face of adversity. This is making the child-adult dance much more difficult than it used to be or needs to be, despite the plethora of strategies and advice-giving available today. Deborah will discuss the roots of the alpha complex, along with the path to fostering greater resilience in alpha children.

**Special Challenges with Adolescents**  
**Tamara Strijack, M.A.**  
Adolescents are faced with an explosion of awareness in emotion and thought. This alone can put them in a very vulnerable place, with temptations to escape at every turn. In this workshop, Tamara will explore the rites of passage that an adolescent needs to go through in order to become truly resilient. While a certain level of defense or armour is needed to survive in today's often wounding world, when the defenses become stuck, maturation is at risk. We will also look at how we, as caring adults, can step in to help foster true resilience.


**Tempers & Tantrums in Preschoolers**  
**Deborah MacNamara, PH.D.**  
The expression of frustration and aggression in children can take on many forms, including temper tantrums and various forms of attack. Part of making headway requires understanding the roots of frustration and aggression and how to deal with the resulting behaviours. This presentation will focus on strategies for dealing with a frustrated child while preserving one's relationship to them. It will address the importance of setting limits and helping children learn that they can survive the futilities that are part of life.

**Supporting the Anxious Child**  
**Patti Drobot, B.SC., OT, RPC**  
Anxiety has increased substantially in children of all ages over recent years. Today's world can create many challenges for children with school and societal pressures, peer interactions, family dynamics, and many other stressors which can impede a child's ability to mature and develop resilience. This workshop will address this increasing problem of our times and help parents make sense of the roots of anxiety as well providing practical suggestions on how to support our children through anxiety and help them cultivate resilience.


**Resilience & the Oppositional Child**  
**Colleen Drobot, B.ED., DIP. OF SPECIAL EDUCATION, M.A., R.P.C.**  
Children and youth are naturally inclined to resist and oppose when feeling pressed upon or controlled. Although the reaction is quite normal, its manifestations and impact can be highly disruptive and disturbing, making life difficult for educators and parents. Resistance can take many forms: disobedience, rebellion, passivity, noncompliance, disrespect, nonconformity, and belligerence. In this workshop Colleen Drobot will provide strategies to help adults reduce the effects of oppositional behaviour, deepen attachment, and cultivate cooperation with children and youth.


**Play & Resilience: Why We ALL Need to Play**  
**Gordon Neufeld, PH.D.**


Building on his keynote of the first day, Dr. Neufeld will elaborate on the surprising role of true play in cultivating resilience, not only in children but in adults as well. Long dismissed as unproductive, play is now being discovered as essential to emotional health and well-being, much like sleep is to mental functioning. A number of academic disciplines are now merging to explore the remarkable healing power of play, rivaling therapy itself or perhaps even explaining why therapy works when it does. Dr. Neufeld will present emotional playgrounds as an ideal context for finding the keys that can unlock the essential emotional process in resilience. Harnessing the power of play becomes the challenge of every parent, teacher and helping professional.


**Circle of Courage**  
**Martin Brokenleg, PH.D.**

For thousands of years, North American Indigenous cultures nourished respectful and courageous children without employing punitive discipline. Now, recent youth development research is revealing the essential elements in raising confident, caring children. Drawing on his research with Drs. Larry Brendtro and Steve Van Bockern in their book, *Reclaiming Youth at Risk*, Dr. Martin Brokenleg presents information on the Circle of Courage which offers concrete strategies for creating environments in which all young people can grow and flourish.

**Reaching Deeper:**  
Touching a Student's Inner World  
**Martin Brokenleg, PH.D.**  
From Parker Palmer to the Dalai Lama to the brain science of neurobiology, adults are pondering the importance of tending the inner world of children and youth. Native peoples have traditions which enhance and explore the inner world of youth regardless of that youth's values. Current resiliency strategies create inner strength in children and youth. This session develops a theory of creating inner strength in children and youth and explores specific activities adults can use in classrooms and residences to help children grow on the inside.

**Hypersensitivity & Resilience:**  
Special Challenges with the Autistic and the Gifted  
**Gordon Neufeld, PH.D.**  
The condition of neurological hypersensitivity occurs when the sensory input is too much for the brain to process. The manifestations of this condition can range from a certain kind of giftedness all the way to classic autism, depending upon how this underlying condition has impacted attachments and development. It can also lead to attention problems or result in an Asperger's syndrome. There is probably no condition where resilience is more needed and yet less likely to exist. Dr. Neufeld will briefly introduce this neurological condition, explain why resilience is so elusive, and suggest ways to restore neural plasticity and the capacity for adaptation.

**Discussions with Martin on Strength-Based Resilience (Hosted by Maria LeRose)**  
**Martin Brokenleg, PH.D.**  
This session provides an opportunity for participants to interact with Dr. Brokenleg around the '*Circle of Courage*' model and the material presented in his morning keynote and his afternoon session on '*Culture of Helping*'.

**Discussion with Gordon and Neufeld Faculty on the Journey of Tears**  
**Gordon Neufeld, PH.D.**  
Feelings of futility – in all their various manifestations – play a significant role in the story of human resilience. Yet impediments abound in a tear-phobic society. Neufeld Institute Faculty will share some stories of resilience that highlight the role of tears, as well as give participants a chance to ask questions about the journey of tears.



**THIS CONFERENCE IS A FUNDRAISER FOR THE NEUFELD INSTITUTE** and the offspring of a collaborative effort between Jack Hirose and Associates and Dr. Gordon Neufeld of the Neufeld Institute - a worldwide charitable organization delivering developmental science to those responsible for our children. Most of the speakers have generously donated their time and forfeited their usual speaker fees to support this fundraiser. The Neufeld Institute is deeply grateful for all who have extended themselves in this way.

*A portion of the conference proceeds are to be donated to The Neufeld Institute.*